

Dr. Ken Sun, MDCM, FRCPC

Allergy & Clinical Immunology Clinic

New Patient Information

Medications to STOP:

Please do not take antihistamines for ideally 3 days prior to your visit. Antihistamines can prevent allergy tests from working.

Examples of antihistamines:

Benadryl, which is diphenhydramine
Reactine, Zyrtec or Aller-Relief, which is cetirizine
Allegra 12-Hour or Allegra 24-Hour, which is fexofenadine
Claritin or Claritin-Kids, which is loratadine
Blexten, which is bilastine
Rupall which is rupatadine
Sleep aids like Tylenol PM or Advil PM, which contain diphenhydramine

Medications to CONTINUE:

Please continue all other medications including asthma medications, eczema creams, and nasal sprays.

On your first visit:

- Please bring your current medicines.
- If your appointment is for a possible food allergy, please bring a small sample of all fresh foods (e.g.: fruits, vegetables, legumes, fish, seafood, meats, etc.) that you suspect you may be allergic to. Your allergist may need to use these for your skin test.
- Due to allergy and other testing, your first visit may take up to two hours.

Missed appointments:

If you can't keep your appointment, please let us know at least 24 hours in advance. If you miss your appointment without notification, a \$50 fee will be applied.